

FOREWORD

More honourable than the Cherubim, and incomparably more glorious than the Seraphim; You, who incorruptibly gave birth to God, the Logos, verily the Theotokos, we magnify!

This wonderful hymn, which we sing daily in honor of the Theotokos and ever Blessed Virgin, clearly teaches us the doctrine of the Orthodox Church, about the glorious person of Our Most Holy Lady.

The Most Holy Theotokos is incomparably more honourable and glorious, not only more than all the people, but also more than the holy Angels, and this is for two reasons:

Firstly, because to Her it was first revealed, at the time of the Annunciation by the Archangel Gabriel, "the mystery which was hid from the ages and from the generations" (Col. 1:26) for the salvation of the world. The sacred hymnographer expresses in just a few words this great truth as follows: "O Mother of God, the mystery hidden from eternity and unknown even to the angels has been revealed in you to those who live on earth". (Theotokion 4th Tone)

And secondly, because the Most Holy Virgin was blessed to be the Mother of the true God, that is why she is called "Theotokos", as the Third Ecumenical Council in Ephesus concluded in 431. In other words, She became 'the heavenly ladder through which God descended on earth' to redeem the human race from the bondage of the devil, of sin and death.

It is because of this unique mission of the Virgin Mary, which God had planned "before the foundation of the world" (1 Pet. 1:20) though the divine Economy, that we honour Her "exceptionally" more than all the Angels and the Saints. We do not worship Her" but we honour and we are thankful to Her. As the Fathers of our Church teach, without Her own humble consent to the archangel's message, at the time of the Annunciation (Luke 1:38), to accept to become the mother of the incarnate Word, perhaps we might still be waiting for the Messiah and our Redeemer to come to the world, until the right person was found. For this reason, then, we honour the Most Holy Theotokos and ask Her to intercede with Her only begotten Son for our salvation.

The Virgin Mary accepts our supplications and conveys our requests to the benevolent God and at the same time advises us to "do what the Lord tells us" (John 2: 5).

That is why in Byzantine hagiography the Virgin Mary is almost never depicted alone, but always with the divine Infant in Her arms. She does not project herself, but with deep humility she projects Her Son, Who, with her extended left or right hand extends proposes us to follow in our lives. Yet, even when she is depicted alone, with Her two hands in a position of supplication to Her Son and God, then again she leads us to Christ. She is, therefore, the Guide and Leader (Hodegetria), as She is called, who helps us to draw closer to Christ and to be united with Him.

Christ, nailed onto His Cross, handed His Mother over to His beloved disciple John, saying, "This is your mother. From that time the disciple took her to his own home" (John 19:27). And from that time on, she became the Mother of all Christians, too, teaching us humility, purity and obedience.

We considered, therefore, "worthy and just" to dedicate the Calendar of 2022 to Our Lady, the Most Holy Theotokos. We hope that this year's Calendar together with the book "The First" written by the late Metropolitan Efthymios of Acheloos, which, God willing, will be published soon by the Publishing House of our Metropolis, from which the following texts for each month of the Calendar come, will help us get to know better our Mother the Virgin Mary.

Let us humbly ask Her to intercede to Her Son, so that He may free us from the terrible scourge of the COVID-19 pandemic, and may the New Year 2022 be a blessed and a happy one for the whole world.

+ Metropolitan Ambrosios of Korea

+ Metropolitany Ambrosios of Korea





"When eight days were completed for the circumcision of the Child..."(Luke 2:21)

Eight days after the Birth of Christ, the Virgin Mary and Joseph performed the circumcision of the Child according to the Law (Gen. 17: 5-10) and gave him the name "Jesus". It is the first sacred ceremony of the family that the Virgin Mary and Joseph do not fail to perform.

With the birth of the first child, the human family, this first cell of human society, is essentially formed. The family constitutes the opening of man to society as a whole (I - you - we). Nevertheless, the family is mainly the opening of man to God (I - you - He)! The birth of the first child in particular is the shocking event that awakens the religious experiences of the young spouses.

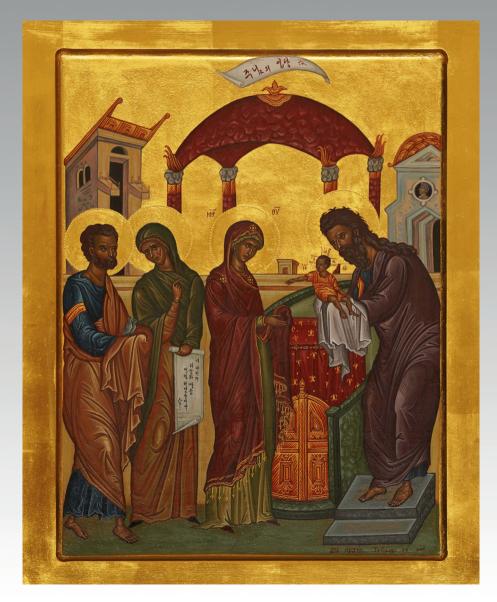
Even the most religiously irrelevant parents experience the inward certainty that the child they hold in their arms was given to them by God! That is why the birth of the first child is the beginning of the family's opening to the Church. The ecclesiastical calendar begins with the new child: baptism, naming of the child, the blessing forty days after delivery, name day, etc. are the sacred ceremonies and feasts for the child that connect the family with the Church.

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	1	Ja	nuary	2	022				Divine Litu BASIL Liturgy of S P.D.L Presanctific	St. Ba	silios Great vine Liturgy		Permitted / Products Permitted
	unday	N	1 onday	I	uesday	\mathcal{N}	<i>d</i> ednesday	I	hursday	I	riday		aturday
												1 BASIL	The Circumcision of Our Lord New Year's Day Basil the Great Bishop of Caesarea Col. 2:8-12 Lk. 2:20-21, 40-52
2	Sunday Before Theophany Tone 3, Matins Gosp.6	3	Malachi Prophet Gordias the Martyr	4	Synaxis of the 70 Apostles	5	Great Hours of Theophany	6	Holy Theophany of Christ Great Blessing of the Waters	7		8	
	Seraphim of Sarov						Theopemptus the Hieromartyr Synkletiki the Monastic	BASIL	Mk. 1:9~11		Synaxis of St. John the Baptist		Domniki the Monastic Theophilos the Martyr
	2 Tim. 4:5-8 Mark 1:1-8		Hebr. 3:5-11, 17-19 John 1:18-28		1 Tim. 3:13-4:5 Matt. 3:1-6	+	1 Cor. 9:19-27 Luke 3:1-18		Titus 2:11-14, 3:4-7 Matt. 3:13-17	+	Acts 19:1-8 John 1:29-34		Ephes. 6:10-17 Matt. 4:1-11
9	Sunday After Theophany Tone 4, Matins Gosp. 7	10		11		12		13		14	Apodosis of Theophany	15	
	Polyeuctos the Martyr Efstratios the Monastic		Gregory Bishop of Nyssa Markianos the Presbyter		Theodosius the Monastic		Tatiana the Martyr		Hermilus Stratonicus the Martyrs		Holy Fathers Martyred at Mt. Sinai & Raithos Nina, Equal-to-the-Apostles		Paul of Thebes
	Ephes. 4:7-13 Matt 4:12-17		Hebr. 8:7-13 Lk. 3:19-22		2 Cor. 4:6-15 Matt 11:27-30	+	Hebr. 10:1-18 John 10:39-42		Hebr. 10:35-11:7 Luke 20:1-8	+	Hebr. 11:8-14 Matt. 12:15-21		Ephes. 5:1-8 Matt. 22:15-22
16	12th Sunday of Luke Tone 5, Matins Gosp. 8	17		18		19		20		21		22	
	Pefsippos, Elasippos, Mesippos & Neonily the Martyrs		Anthony the Great Mt. 11:27-30		Athanasios, Cyril Patr. of Alexandria Jn. 10:9-16		Makarios of Egypt Mark Bishop of Ephesus		Efthymios the Great-Monastic		Maximus the Greek Agni the Martyr		Timothy the Apostle
	Col. 3:4-11 Luke 17:12-19		Hebr. 13:17-21 Luke 6:17-23		Hebr. 13:7-16 Matt. 5:14-19	+	James 1:1-18 Mark 4:35-41		2 Cor. 4:6-15 Luke 6:17-23	+	James 2:1-13 Mark 5:22-24, 35-6:1		2 Tim. 1:3-9 Matt 23:1-12
23	14th Sunday of Luke Tone 6, Matins Gosp. 9	24		25	Gregory	26		27		28		29	
ě	Clement Bishop of Ankyra		Xenia the Monastic		the Theologian Archbishop of Constantinople Jn. 10:1-9		Xenophon the Monastic & Companions		Transfer of the Relics of St. John Chrysostom Markiani the Queen		Efraim the Syrian Harris the Martyr		Transfer of the Relics of St. Ignatios
	1 Tim. 1:15-17 Luke 18:35-43		James 2:14-26 Mark 5:24-34		Hebr. 7:26-8:2 John 10:9-16	+	James 3:11-4:6 Mark 6:7-13		Hebr. 7:26-8:2 John 10:9-16	+	1 Peter 1:1-2:10 Mark 6:45-53		1 Thes. 5:14-23 Matt. 24:1-13







"They brought Him to Jerusalem to present Him to the Lord" (Luke 2:22)

This is the ceremony of Jesus' Sarantism that was performed according to the relevant Jewish Law (Leviticus I2). The baby Jesus is led for the first time to Jerusalem, to the Temple of God, forty days after His birth. This is actually the first "presentation" in the Temple of God of Jesus in the arms of the Virgin. The mother's arms were the vehicle that carried the God-Man to the Temple of God.

For every child the embrace of his mother is usually the "vestibule (narthex)" of God. In the beautiful and intimate environment of the family and in the motherly embrace kindled by the warmth of motherly affection, the child is introduced for the first time to the experiences of God. Here the infant and toddler learns the first religious concepts. Here he begins to pronounce the name of God for the first time. The mother's embrace will still be the vehicle that will transport the child to the Temple, forty days after His birth, to be presented before God. The religious function of the motherly embrace is what distinguishes man from the other creatures of the animal kingdom. Of all the mammals, only the human motherly embrace performs this religious function. In their mother's arms all newborn babies usually find food (milk), affection and protection. Only in the human motherly embrace, this "vestibule (narthex)" of God, the newborn man finds above all, his own Creator.



	Fabruary 2022 Divine Liturgy Fast Liturgy of St. Basilios Great PDL Presanctified Divine Liturgy Dairy										
	unday	\mathcal{M} onday	Tuesday	${\mathcal W}$ ednesday	Thursday	${\mathcal F}$ riday	S aturday				
30	32nd Sunday Tone 7, Matins Gosp. 10	31	1 New Year's day of Lunar calendar	The Presentation of Our Lord in the Temple	3	4	5				
JAN	The Three Hierarchs Basil the Great Gregory the Theologian & John Chrysostom	JAN Kyros & John the Unmercenaries	Tryphon, Perpetua & Companions- Martyrs	Luke 2:25-32	Symeon the God- Receiver. Anna the Prophetess	Isidoros the Monastic	Agatha the Martyr				
	Hebr. 13:7-16 Matt. 5:14-19	1 Tim. 4:9-15 Luke 19:1-10	Rom. 8:28-39 Mark 7:5-16	Hebr. 7:7-17 Luke 2:22-40	Ephes. 1:1-9 Luke 2:25-38	Ephes. 1:7-17 Mark 8:1-10	1 Cor. 10:23-28 Matt. 22:34-37, 42-44				
6	17th Sun. of Matthew Tone 8, Matins Gosp. 11	7	8	Apodosis of The Presentation of Our Lord in the Temple	10	11	12				
	Photios Patriarch of Constantinople	Parthenios Bishop of Lampsakos	Zachariah the Prophet Theodore the Great Martyr & Commander	Nikiphoros the Martyr Pangratios Bishop of Tauromenium	Haralambos the Hieromartyr	Theodora the Empress Blasios the Priest-Martyr	Meletios Archbp of Antioch				
	2 Cor. 6:16-7:1 Matt. 15:21-28	1 Peter 2:21-3:9 Mark 12:13-17	1 Peter 3:10-22 Mark 12:18-27	1 Peter 4:1-11 Mark 12:28-37	2 Tim. 2:1-10 John 15:17-16:2	2 Peter 1:1-10 Mark 13:1-9	2 Tim. 2:11-19 Luke 18:2-8				
13	Beginning of Triodion Sunday of the Publican & Pharise	14	15	16	17 Commemoration of the first Liturgy Celebrated in Korea	18	19				
	Tone 1, Matins Gosp. 1 Aquila & Priscilla the Apostles	Afxentios the Monastic	Onesimos the Apostle Efsebius the Monastic	Pamphilus the Martyr Nicholai Kasatkin Arch- bishop of Japan	Theodore the Gt. Martyr	Leo Bishop of Rome	Philemon the Apostle Philothei of Athens				
	2 Tim. 3:10-15 Lk. 18:10-14	2 Peter 1:20-2:9 Mark 13:9-13	2 Peter 2:9-22 Mark 13:14-23	2 Peter 3:1-17 Mark 13:24-31	1 John 1:8-2:6 Mark 13:31-14:2	1 John 2:7-17 Mark 14:3-9	1 Tim. 6:11-16 Luke 20:46-21:4, 8:8				
20	Sunday of the Prodigal Son Tone 2, Matins Gosp. 2	21	22	23	24 The 1st & 2nd finding of the Honourable Head of	25	26 Saturday of The Souls				
	Church Benefactors' day Leo Bishop of Catania	Efstathios Patriarch of Antioch	Thalassius the Monastic	Polycarp the Hieromartyr, Bishop of Smyrna	St. John the Baptist	Tarassios Patriarch of Constantinople	Photini the Samaritan Woman Porphyrius Bishop of Gaza				
	1 Cor. 6:12-20 Luke 15:11-32	1 John 2:18-3:8 Mark 11:1-11	1 John 3:9-22 Mark 14:10-42	1 John 3:21-4:11 Mark 14:43-15:1	2 Cor. 4:6-15 Matt. 11:2-15	2 John 1-13 Mark 15:20, 22, 25, 33-41	1 Thes. 4:13-17 Luke 21:8-9, 25-27, 35-36				
27	Meat Fare Sunday Tone 3, Matins Gosp. 3	28									
	Prokopios Dekapolitis	Basil the Confessor Kyrana the Martyr									
	1 Cor. 8:8-9:2 Matt. 25:31-46	3 John 1-15 Luke 19:29-40, 22:7-39									







"Rejoice" (Luke 1:28)

The first word of God's message to the Virgin Mary was "Rejoice", that is, a happy greeting. This imperative is an exhortation for joy, but also a simple greeting of two people who meet.

The joy of the Annunciation of the Virgin Mary is the opposite of the sorrow and condemnation of Eve. "Through the word 'Rejoice' he breaks the bond of sorrow." The "Hail" of the Virgin was to be "the redemption of Eve's tears". "Rejoice" is the first word of the New Testament and because of this word the message of God to humanity was called "Evangelism" and the word of God to man was called "Gospel" ("Good news")!

God's greeting "Rejoice" to the Virgin is also a greeting when one person meets the other. Here the visitor is God. That is why He is the first to address the greeting. He is the first to reach out to the astonished humanity. God is the kindest visitor. He condescends to greet us while He knows how petty and sinful we are...



	3	March	2022	A THE	Divine Liturgy BASIL Liturgy of St. P.D.L Presanctified	Basilios Great Fi	ast ish Permitted airy Products Permitted
	S unday	${\mathcal M}$ onday	T uesday	${\mathcal W}$ ednesday	T hursday	${\mathcal F}$ riday	S aturday
			1 Independence Movement Day Evdokia the Monastic-Martyr Jude 1-10 Luke 22:39-42, 44-23:1	Theodoros the Bishop Hesychios the Martyr	Kleonikos the Martyr Vassiliskos the Martyr Theodoritos Priest-Martyr Jude 11-25 Luke 23:1-31, 33, 44-56	Gerasimus the Righteous of Jordan	Konon the Monastic-Martyr Gal. 5:22-6:2 Matt. 6:1-13
6	Cheese Fare Sunday Tone 4, Matins Gosp. 4 42 Martyrs from Amorium Rom. 13:11-14:4 Matt. 6:14-21	7 Beginning of Lent Lavrentios the Monastic of Salamina Isaiah 1:1-20 Gen. 1:1-13 Prov. 1:1-20 Luke 21:8-36	Theophylactos Bishop of Nicomedia Isaiah 1:19-2:3 Gen. 1:14-23 Prov. 1:20-33 Matt. 6:1-13	9 40 Martyrs of Sevasteia Isaiah 2:3-11 Gen. 1:24-2:3 Prov. 2:1-22 Hebr. 12:1-10 Matt. 20:1-16	Kodratos the Martyr & his 5 Companions Isaiah 2:11-22 Gen. 2:4-19 Prov. 3:1-28 Matt. 7:7-11	11 1st Stanza of The Salutations Sophronius Patriarch of Jerusalem Theodora Queen of Arta Isaiah 3:1-14 Gen. 2:20-3:20 Prov. 3:19-34 John 15:1-7	Theophanes the Confessor Gregorios of Rome Symeon New Theologian 2 Tim. 2:1-10 Mark 2:23-3:5
13	Sunday of Orthodoxy Tone 5, Matins Gosp. 5	14	15	16	17	18 2nd Stanza of The Salutations	19
BASI		Isaiah 4:2-6, 5:1-7	Agapios & his Companions-Martyrs	Savinos & Julianos the Martyrs P.D.L Isaiah 5:16-25	Alexios, 'Man of God'	Cyril Patr. of Jerusalem	Chrysanthos & Daria the Martyrs
+	Hebr. 11:24-26, 32-40 John 1:44-51	Gen. 3:21-24, 4:1-7 Prov 3:34-35, 4:1-21	Gen. 4:8-15 Prov. 5:1-15	Gen. 4:16-26 Prov. 5:15-6:3	Gen. 5:1-24 Prov. 6:3-20	Gen. 5:32-6:8 Prov. 6:20-7:1	Hebr. 3:12-16, Mark :1:35-44
20 BASI	2nd Sunday of Lent Tone 6, Matins Gosp. 6 Gregory Palamas Holy Fathers Martyred in the Monastery of St. Sabbas	James the Monastic & Confessor	Kalliniki the Martyr	Nikon the Martyr & his 199 Companions-Martyrs	Zachariah the Recluse Artemon the Hieromartyr of Pisidia	25 3rd Stanza of The Salutations Annunciation of Theotokos	Synaxis in Honour of Archangel Gabriel Stephan the confessor
+	Hebr. 1:10-2:3 Mark 2:1-12	Isaiah 8:13-9:7 Gen. 6:9-22 Prov. 8:1-21	Isaiah 9:9-10:4 Gen. 7:1-5 Prov. 8:32-9:11	P.D.1 Isaiah 10:12-20 Gen. 7:6-9 Prov. 9:12-18	Isaiah 11:10-12:2 Gen. 7:11-8:3 Prov. 10:1-22	Hebr. 2:11-18 Luke 1:24-38	Hebr. 10:32-38 Mark 2:14-17
27 BASI	Veneration of the Cross Tone 7, Matins Gosp. 7 Lydia the Martyr	Herodion of the 70 Apostles Isaiah 14:24-32 Gen. 8:21-9:7 Prov. 11:19-12:6	Mark Bishop of Arethousion Isaiah 25:1-9 Gen. 9:8-17 Prov. 12:8-22	John Climacus author of 'The Ladder' P.D.L Isaiah 26:21-27:9 Gen. 9:18, 29-10:1 Prov. 12:23-28, 13:1-9	Ypatios the Hieromartyr Innocent, Enlightener of Siberia & Alaska Isaiah 29:14-22 Gen. 10:32-11:9 Prov. 13:19-14:6		







"Let it be to me according to your word" (Luke 1:38)

The statement of the Virgin Mary, during the signing of the cooperation agreement with God is of special importance. Although the price was unprecedented - Her "signature" was still fresh next to God's "signature" – yet, the Virgin Mary does not show off. She does not talk about what "She will do" and how "She will work" in order to "carry out the great work entrusted to Her by God"! She does not refer to any of Her "plans", She does not state Her "aspirations", She does not analyse Her "visions"... None of this. Because these are for the small-minded, the hollow, the insignificant who, when they suddenly find themselves at the top of the pyramid, they get dizzy and constantly talk about themselves, their abilities, their studies, their accomplishments, which supposedly have been acknowledged by people and rewarded by God!



	4	Ap	ril ,	2022 BASIL Li					BASIL Liturgy of St.	Divine Liturgy Liturgy of St. Basilios Great Presanctified Divine Liturgy Fast Fish Permitted Dairy Products Permitted				
	unday	N	1 onday	I	uesday	\mathcal{N}	ednesday	T	hursday	F	riday		aturday	
										1	4th Stanza of The Salutations Basileides the Martyr Isaiah 19:13-23 Gen. 12:1-7 Prov. 14:15-26		Titus the Monastic Hebr. 6:9-12 Mark 7:31-37	
BASI	4th Sunday of Lent Tone 8, Matins Gosp. 8 John Climacus Nicetas the Confessor Hebr. 6:13-20 Mark 9:17-31	4	Georgios the Monastic Theonas of Thessaloniki Isaiah 37:33-38:6 Gen. 13:12-18 Proy. 14:27-15:4	5 +	Theodora of Thessaloniki Isaiah 40:18-31 Gen. 15:1-15 Prov. 15:7-19	6 P.D.L	Great Canon Eutychius Patriarch of Constantinople Isaiah 41:4-14 Gen. 17:1-9 Prov. 15:20-16:9	7	Kalliopios the Martyr Isaiah 42:5-16 Gen. 18:20-33 Prov. 16:17-17:17	8	5th Stanza of The Salutations Agavos, Rufos, Herodion of the 70 Apostles Isaiah 45:11-17 Gen. 22:1-18 Prov. 17:18-18:5	9	Efpsychios the Martyr Hebr. 9:1-7 Luke 1:39-49, 56	
10 BASIL	5th Sunday of Lent Tone 1, Matins Gosp. 9 Mary of Egypt Gregorios the 5th Patriarch	11	Antipas Bishop of Pergamos Isaiah 48:17-49:4 Gen. 27:1-41 Prov. 19:16-25	12	Anthousa the Monastic Isaiah 49:6-10 Gen. 31:3-16 Prov. 21:3-21	P.D.L	Martinos Bishop of Rome Isaiah 58:1-11 Gen. 43:26-31, 45:1-16 Prov. 21:23-22:4	14	Thomaida the Martyr Isaiah 65:8-16 Gen. 46:1-7 Prov. 23:15-24:5	15 PDL	Leonidas Bishop of Athenes Anastasia the Martyr Isaiah 66:10-24 Gen. 49:33-50:26 Prov. 31:8-31		Lazarus Saturday Agape, Irene & Chionia the Virgin Martyrs Hebr. 12:28-13:8 John 11:1-45	
17	Palm Sunday Matt. 21:1-17 Makarios Bishop of Corinth Adrianos the Martyr Philip. 4:4-9 John 12:1-18	18		19 P.D.L	Holy Tuesday Services of the Bridegroom Paphnoutios the Martyr Matt. 22:15-23:39 Matt. 24:36-26:2	20 P.D.L	Holy Wednesday Sacrament of Holy Unction Zacchaeus the Apostle John 12:17-50 Matt. 26:6-16	21 + I Cor. Matt.	Holy Thursday Service of the Holy Passion 12 Gospel readings Januarius BASIL the Hieromartyr Alexandra the Queen 11:23~32 Matt. 26:21~39 26:2~20 Luke 22:43~44 13:3~17 Matt.26:40~27:2	22	Holy Friday Lamentations - Epitaphios Nathanael the Apostle 1:18~2:2 Matt. 27:29~54 27:1~38 John 19:31~42		Holy Saturday George the Great Martyr	
	Great and Holy PASCHA Vespers of Agape Acts 1:1~8, John. 1:1~17	25		26	Basil the Hieromartyr, Bishop of Amassia 1 Peter 5:6-14 Luke 24:12-35	27	Symeon Bishop of Jerusalem Acts 2:22-38 John 1:35-52	28	Memnon the Monastic Acts 2:38-43 John 3:1-15	29	Jason, Sosipatrus of the 70 Apostles Acts 3:1-8 John 2:12-22	30	James the Apostle Clemen the Monastic Acts 3:11-16 John 3:22-33	







"Whatever He says to you, do it" (John 2: 5)

These are the only words uttered by the Virgin Mary about Jesus. Yet, these words are a recommendation of obedience to Him. The Virgin Mary intercedes for us in the Lord. She begs Him to show his omnipotent love and thus meet our needs and solve our problems. However, beyond the intercession of the Virgin Mary, there is something else that She Herself indicates to us: it is our willing obedience to God's commandments: "whatever He says to you, do it"!

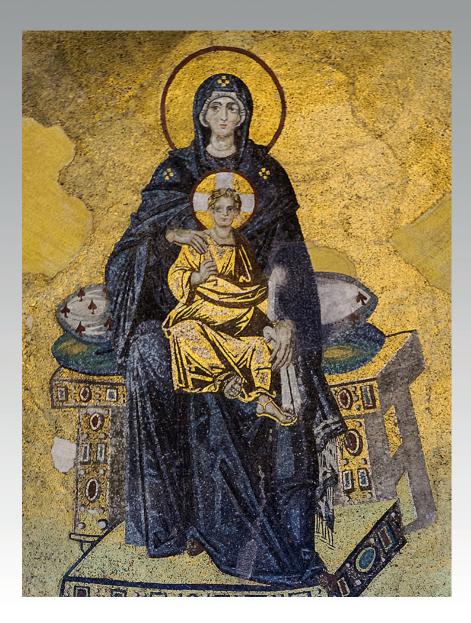
The Most Holy Theotokos intercedes for us and not instead of us. Her intercessions presuppose our wholehearted devotion to the Lord and His word and are certainly based on it. We must not forget that the question of our salvation depends primarily on our free and responsible obedience to the will of God. The intercession of the Virgin Mary and of the Saints as well as the grace of Christ come as a heavenly blessing to our free and voluntary personal decision to live fully and for life "in obedience to Christ" (2 Cor. 10: 5)



		Divine Liturgy +						
		May	2022	E LEGIS			Fish Permitted Dairy Products Permitted	
	S unday	${\mathcal M}$ onday	Tuesday	${\mathcal W}$ ednesday	Thursday	${\mathcal F}$ riday	S aturday	
1	Sunday of St. Thomas Matins Gosp. 1	2	3	4	5 Children's Day	6	7	
	Jeremiah the Prophet	Joy the Martyr, Athanasios Patr. of Alexandria (Transfer of the Relics)	Timothy, Mavra the Martyrs Peter Bishop of Argos	Pelagia the Martyr Hilarion the Monastic	Irene the Great Martyr	Job the Righteous	Akakios the Martyr	
	Acts 5:12-20 John 20:19-31	Hebr. 13:7-16 Matt. 5:14-19	Acts 4:1-10 John 3:16-21	Acts 4:13-22 John 5:17-24	Acts 4:23-31 John 5:24-30	Acts 5:1-11 John 5:30-6:2	Acts 5:21-32 John 6:14-27	
8	Sunday of the Myrrh-Bearers Tone 2, Matins Gosp. 4	9	10	11	12	13	14	
Bud	John the Theologian & Evangelist. dha's Birthday / Parents' Day	Isaiah the Prophet Christopher the Martyr	Simon the Apostle	Methodios & Cyril Illuminators of the Slavs	Epiphanios Bishop of Cyprus Germanos Patr. of Constantinople	Sergios the Confessor	Isidoros of Chios-Martyr Therapon the Hieromartyr	
	1 John 1:1-7 Mark 15:43-16:8	Acts 6:8-7:5, 47-60 John 4:46-54	1 Cor. 4:9-16 Luke 6:12-19	Acts 8:18-25 John 6:35-39	Acts 8:26-39 John 6:40-44	Acts 8:40-9:18 John 6:48-54	Acts 9:19-31 John 15:17-16:2	
15	Sunday of the Paralytic Tone 3, Matins Gosp. 5	16	17	18 Mid-Pentecost	19	20	21 John 10:9-16	
	Pachomios the Great Monastic	Theodore the Blessed	Andronikos, Junia of the 70 Apostles	Dionysios, Christina the Martyr	Patrick Bishop of Proussa	Lydia the Philippian	Constantine & Helen Equal-to-the Apostles	
	Acts 9:32-42 John 5:1-15	Acts 10:1-16 John 6:56-69	Acts 10:21-33 John 7:1-13	Acts 14:6-18 John 7:14-30	Acts 10:34-43 John 8:12-20	Acts 10:44-11:10 John 8:21-30	Acts 26:1, 12-20 John 10:1-9	
22	Sunday of The Samaritan Woman Tone 4, Matins Gosp. 7	23	24	25 3rd Finding of the Precious Head of John the Baptist	26	27	28	
	Basiliskos the Martyr	Synesios Bishop of Karpasia	Meletios the Martyr	ι ι θ Βαριίοι	Carpos, Alfeos of the 70 Apostles	John the Russian- Confessor Helladios Hieromartyr	Eutyches Bishop of Melitene	
	Acts 11:19-30 John 4:5-42	Acts 12:12-17 John 8:42-52	Acts 12:25-13:12 John 8:51-59	2 Cor. 4:6-15 Matt. 11:2-15	Acts 14:20-15:14 John 9:39-10:9	Acts 15:5-12 John 10:17-28	Acts 15:35-41 John 10:27-38	
29	Sunday of The Blindman Tone 5, Matins Gosp. 8	30	31					
	Theodosia the Virgin-Martyr	Isaac the Monastic Romanos the Martyr	Hermeias the Martyr					
	Acts 16:16-34 John 9:1-38	Acts 17:1-9 John 11:47-54	Acts 17:19-28 John 12:9-36					







"Rejoice, the redemption of Eve's tears".

When Eve lost Paradise, she weeped. God's pedagogical plan had already begun to bear fruit: Eve's tears were preparing the second Eve, that is the Most Holy Theotokos. The road back from exile began with Eve's tears!

After the fall of Adam and Eve, all the measures that God took were pedagogical in nature. They intended to stimulate man's dormant powers. To clean his eyes from the smoke of the fire lit by the Devil. The exile of man from Paradise was also his salvation. Thus, he was able to realize his mistake and managed to get to grips with his responsibilities and take once again the path of returning back.

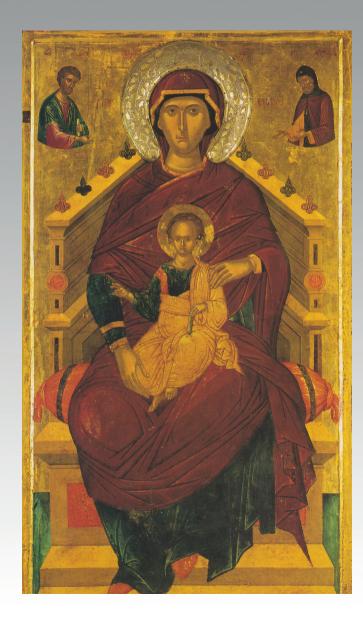
The Virgin Mary became the source of joy for humanity. She was the perceptible source of "Marah" (Exodus 15:23), where the bitter tears of humanity were transformed into a sweet source of joy. The tears of the first Eve dried up on the face of the Virgin Mary and thus blossomed the smile of sweet hope.

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								Divine Liturg	Sy	+ F	ast	
		Jui	ne ,	2022				BASIL Liturgy of St P.D.L Presanctified				Permitted Products Permitted
(unday	N	onday	T uesday	$ \mathcal{M} $	ednesday	I	hursday		riday	ΙÍ.	aturday
					1	Apodosis of Pascha	2	The Ascention of Our Lord Jesus Christ Mk. 16:9~20	3		4	
						Justin the Martyr, Philosopher		Nikephoros the Confessor Patriarch of Con/ple Erasmus the Hieromartyr		Loukilianos, Paula the Martyrs		Mary & Martha, Lazarus' Sisters
						Acts 18:22-28 John 12:36-47		Acts 1:1-12 Luke 24:36-53	+	Acts 19:1-8 John 14:1-11		Hebr. 7:26-8:2 John 10:1-9
5	Holy Fathers of The 1st Ecumenical Council Tone 6, Matins Gosp. 10	6	Memorial Day	7	8		9		10	Apodosis of the Ascension of Our Lord	11	Saturday of the Souls
	Dorotheos Bishop of Tyron		Hilarion the Monastic	Theodotos Hieromartyr Bishop of Ankyra		Kalliopi the Martyr		Cyril Patriarch of Alexandria		Alexandros, Antonina the Martyrs	naba mart	nolomew the Apostle Bar- is of the 70 Apostles Hiero- yr Metrophanes (Tsi Sung) e 222 New Martyrs in China
	Acts 20:16-18, 28-36 John 17:1-13		Acts 21:8-14 John 14:27-15:7	Acts 21:26-32 John 16:2-12	+	Acts 23:1-11 John. 16:15-23		Acts 25:13-19 Jn. 16:23-33	+	Acts 11:19-30 Luke 10:16-21		1 Thes. 4:13-17 John 21:14-25
12	Holy Pentecost John 20:19-23	13	The Feast Day of the Holy Spirit	14	15		16		17		18	Apodosis of Holy Pentecost
	Onouphrius the Righteous		Akylina the Martyr	Elisha the Prophet		Amos the Prophet Jerome the Monastic		Tychon Bishop of Amathus		Manuel, Sabel, Ismael the Martyrs		Leontios, Hypatios, & Theodoulos the Martyrs of Syria
	Acts 2:1-11 John. 7:37-52; 8:12		Ephes. 5:8-19 Matt 18:10-20	Rom. 1:1-7, 13-17 Luke 4:22-30		Rom. 1:18-27 Matt. 5:20-26		Rom. 1:28-2:9 Matt. 5:27-32		Rom. 2:14-28 Matt. 5:33-41		Rom. 1:7-13 Matt. 5:42-48
19	1st Sun. of Matthew Sunday of All Saints Tone 8, Matins Gosp. 1	20		21	22		23		24	Luke 1:24~25, 57~68, 76, 80	25	
	Judas the Apostle		Methodios Bishop of Patara	Julianos the Martyr		Efsevios the Hieromartyr		Aristoclis the Hieromartyr Agrippina the Martyr		Nativity of John the Baptist, the Forerunner		Fevronia the Monastic- Martyr
	Hebr. 11:33-12:2 Matt. 10:32-33, 37-38, 19:27-30	*	Rom. 2:28-3:18 Matt. 6:31-34, 7:9-11	Rom. 4:4-12 Matt. 7:15-21	+	Rom. 4:13-25 Matt. 7:21-23	◆	Rom. 5:10-16 Matt. 8:23-27	+	Rom. 13:11-14:4 Luke 1:1-25, 57-68, 76, 80	—	Rom. 3:19-26 Matt. 7:1-8
26	2nd Sun. of Matthew Tone 1, Matins Gosp. 2	27		28	29	John 21:15~25	30					
	David of Thessalonica		Sampson the Innkeeper Joanna the Myrrh-bearer	Transposition of the Relics of Cyrus & John the Unmercenaries	i i	Peter & Paul the Apostles		Synaxis of the Twelve Apostles				
*	Rom. 2:10-16 Matt. 4:18-23	•	Rom. 7:1-13 Matt. 9:36-10:8	Rom. 7:14-8:2 Matt. 10:9-15		2 Cor. 11:21-12:9 Matt. 16:13-19		1 Cor. 4:9-16 Matt. 9:36, 10:1-8				

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"God planted a garden in Eden ... and there He put the man" (Gen. 2: 8).

The Paradise of Eden is the first biblical model of the Virgin Mary. God created the virgin Forest and in its virgin beauty placed His most beautiful creation, the Man.

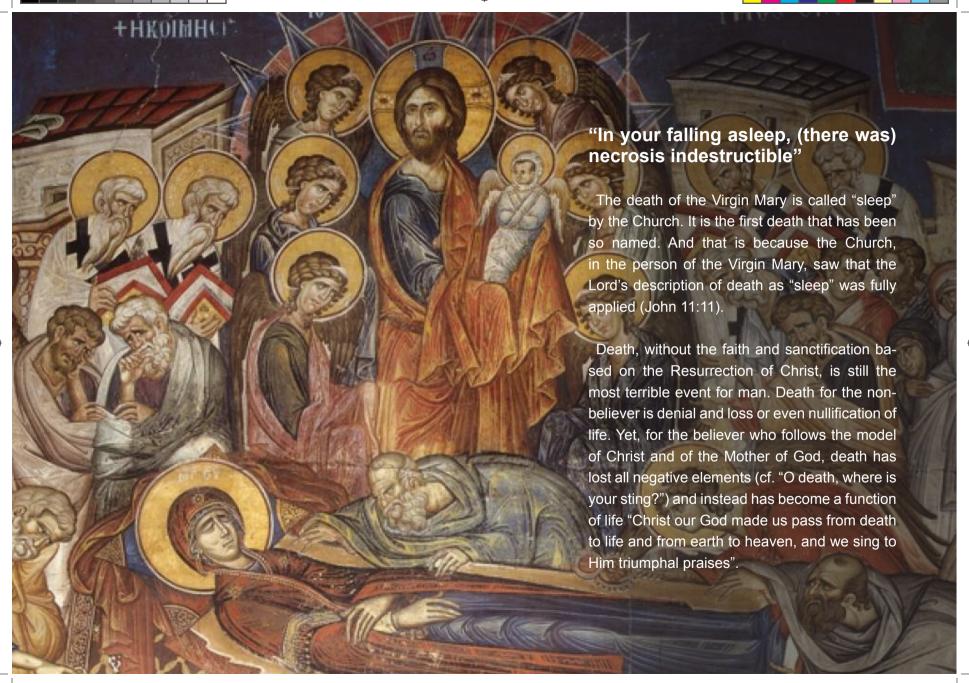
The Church, very quickly, saw here the first protyposis of the Virgin Mary: The Virgin is the new paradise planted by the Creator in the space and time of history. From this second paradise came all the blessings for humanity. Most importantly: while the first Paradise was inhabited by the erthen Adam, now the "secret Paradise" shines with the presence of the new Adam, Jesus.

St. John of Damascus writes, "You, O Virgin, were Eden, much more holy and divine than the ancient one, where the erthen and mortal Adam lived; whereas in You dwelt the heavenly Lord".

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7	July	2022			. Basilios Great	Fast Fish Permitted Dairy Products Permitted
${\cal S}$ unday	${\mathcal M}$ onday	Tuesday	${\mathcal W}$ ednesday	Thursday	${\mathcal F}$ riday	S aturday
					Kosmas & Damianos the Unmercenaries 1 Cor. 12:27-13:8 Matt. 10:1, 5-8	Juvenalius Patriarch of Jerusalem Hebr. 9:1-7 Lk. 1:39-49, 56
3 3th Sun. of Matthew Tone 2, Matins Gosp. 3	4	5	6	7	8	9
Anatolios Patriarch of Constantinople	Andrew Bishop of Crete Author of the Great Canon	Athanasios of Mt Athos Lampados the Monastic	Sisoes the Great	Kyriaki the Great Martyr	Prokopios the Great Martyr	Pangratios Bishop of Tavromenia
Rom. 5:1-10 Matt. 6:22-33	Rom. 9:18-33 Matt. 11:2-15	Gal. 5:22-6:2 Matt. 11:27-30	Rom. 11:2-12 Matt. 11:20-26	Rom. 11:13-24 Matt. 11:27-30	1 Tim. 4:9-15 Matt. 12:1-8	Rom. 6:11:17 Matt. 8:14-23
10 4th Sun. of Matthew Tone 3, Matins Gosp. 4 45 Martyrs of Nikopolis, Armenia Rom. 6:18-23	Ephemia the Great Martyr Sophronios Zakharov of Essex 2 Cor. 6:1-10	Hemorrhaging whom Jesus Healed Rom. 14:9-18	Stephen the Savaite-Monastic Hebr. 2:2-10 Luke 10:16-21	Akylas of the 70 Apostles, Nikodemos of Mt. Athos Rom. 15:17-29	Julitta & Kyrikos the Martyrs Vladimir equal-to-the Apostles 1 Cor. 13:11-14:5 Matt. 13:3-9	Athenogenes the Hieromartyr Rom. 8:14-21
Matt. 8:5-13 17 The Holy Fathers of the 4th	Luke 7:36~50	Matt. 12:14-17, 22-30	Luke 10:16-21	Matt. 12:46-13:3	Matt. 13:3-9	Matt. 9:9-13
Ecumenical Council Tone 4, Matins Gosp. 5 Marina the Great Martyr Veronica the Martyr Tit 3:8-15	Sergei the Great-Mo- nastic Elizabeth the Monastic-Martyr Rom. 16:17-24	Makrina, the Monastic	Elijah the Prophet James 5:10-20	John, Symeon the Monastics Parthenios Bishop of Arta 1 Cor. 3:18-23	Mary Magdalene Markella Virgin-Martyr 1 Cor. 4:5-9 Luke 8:1-3	Ezekiel the Prophet Phocas the Hieromartyrs Rom. 9:1-5
Matt. 5:14-19 24 6th Sun. of Matthew Tone 5, Matins Gosp. 6	Matt. 13:10-23	Matt. 13:24-30	Luke 4:22-30	Matt. 13:36-43	29	Matt. 9:18-26
Christina the Great Martyr Boris the Prince, Martyr	Dormition of St. Anna Olympiada the Deaco- ness	Paraskevi the Great Martyr Hermolaos the Hieromartyr	Panteleimon the Great Martyr Anthousa the Confessor	Timon, Prochoros, Nikanor the Deacons of the 70 Apostles	Kallinikos, Theodoti the Martyrs	Silas, Silouanos of the 70 Apostles
Rom. 12:6-14 Matt. 9:1-8	Gal. 4:22-27 Luke 8:16-21	Gal. 3:23-4:5 Mark 5:24-34	2 Tim. 2:1-10 John 15:17-16:2	Acts 6:1-7 Matt. 15:12-21	1 Cor. 7:35-8:7 Matt. 15:29-31	Acts 15:35-41 Matt. 10:37-11:1

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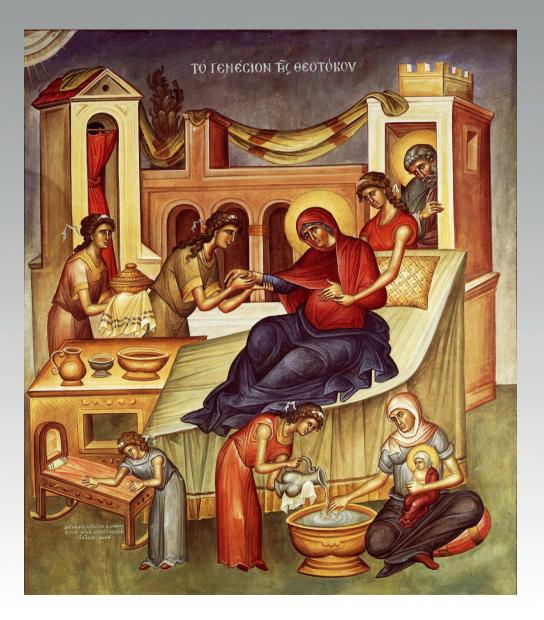


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	8	Au	gust	2	022				Divine Liturgy BASIL Liturgy of St. P.D.L Presanctified	Basilio		sh Per	mitted
	S unday	N	onday	I	uesday	$ \mathcal{M} $	ednesday	T	hursday		riday	ے ا	oducts Permitted aturday
31	7th Sun. of Matthew Tone 6, Matins Gosp. 7	1	Beginning of The Dormition Fast	2		3		4		5		6	Holy Transfiguration of Our Lord
JUI	Evdokimos the Righteous		7 Maccabean brothers & their mother Solomoni the Martyrs		Transfer of the Relics of Stephen the 1st Martyr		Dalmatios, Faustus & Isaakios the Monastics Salome the Myrrh-bearer		Seven Children of Ephesus		Efsignios the Martyr Nonna the Monastic	4	Luke 9:28~36
	Rom. 15:1-7 Matt. 9:27-35	+	Hebr. 11:33-12:2 Matt. 10:16-22	+	Acts 6:8-7:5, 47-60 Matt. 16:6-12	+	1 Cor. 10:12-22 Matt. 16:20-24	+	1 Cor. 10:28-11:8 Matt. 16:24-28	+	1 Peter 1:1-2:10 Matt. 17:10-18		2 Peter 1:10-19 Matt. 17:1-9
7	8th Sun. of Matthew Tone 7, Matins Gosp. 8	8		9		10		11		12		13	Apodosis of Holy Trans- figuration of Our Lord
	Dometios of Persia		Aimilianos the Bishop- Confessor		Matthias the Apostle		Laurentios the Archdeacon & Martyr		Nyphon Patriarch of Constantinople		Anikitos & Photios the Martyrs		Maxim the Confessor
+	1 Cor. 1:10-17 Matt. 14:14-22	+	1 Cor. 11:31-12:6 Matt. 18:1-11	4	Acts 1:12-17, 21-26 Matt. 18:18-22, 19:1-2, 13-15	+	1 Cor. 13:4-14:5 Matt. 20:1-16	+	1 Cor. 14:6-19 Matt. 20:17-28	+	1 Cor. 14:26-40 Matt. 21:12-14, 17-20		Rom 14:6-9 Matt. 15:32-39
14	9th Sun. of Matthew Tone 8, Matins Gosp. 9	15	National Liberation Day	16		17		18		19		20	
	Micah the Prophet Markellos the Martyr		The Dormition of the Most Holy Theotokos Lk.1:39~49, 56		Diomedes, Apostolos the Martyrs		Myron, Paul, Julianna the Martyrs		Leon, Hermes , Serapion the Martyrs		Andrew the Great, General & Martyr		Samuel the Prophet
+	1 Cor. 3:9-17 Matt. 14:22-34		Philip. 2:5-11 Luke 10:38-42, 11:27-28		1 Tim. 3:13-4:3 Luke 9:51-57, 10:22-24, 13:22	+	1 Cor. 16:4-12 Matt. 21:18-32		2 Cor. 1:1-7 Matt. 21:43-46	+	2 Cor. 1:12-20 Matt. 22:23-33		Rom. 15:30-33 Matt. 17:24-18:4
21	10th Sun. of Matthew Tone 1 Matins Gosp. 10	22		23	Apodosis of the Domi- nation of the Most Holy Theotokos	24		25		26		27	
j	Thaddaios the Apostle		Agathonikos the Martyr & Companions Anthousa the Martyr		Ireneos Bishop of Lyon		Kosmas the Aitolos New Martyr		Titus of the 70 Apostles Transfer of the Relics of Bartholomew the Apostle		Adrian, Natalia the Martyrs		Poimen the Monastic Phanourios the Martyr
	1 Cor. 4:9-16 Matt 17:14-23		2 Cor. 2:3-15 Matt. 23:13-22		Philip. 2:5-11 Luke 10:38-42, 11:27-28	+	2 Cor. 3:4-11 Matt 23:29-39		Tit. 1:1-5, 2:15-3:2, 12-15 Matt. 5:14-19	+	2 Cor. 4:13-18 Matt. 24:27-33, 42-51		1 Cor. 1:3-9 Matt. 19:3-12
28	11th Sun. of Matthew Tone 2, Matins Gosp. 11	29	Beheading of John the Forerunner & Baptist	30		31							
	Moses of Ethiopia-Mo- nastic		Matt. 14:1-13		Alexander Patriarch of Constantinople		Diadohos the Martyr						
	1 Cor. 9:2-12 Matt. 18:23-35	+	Acts 13:25-32 Mark. 6:14-30		2 Cor. 5:15-21 Mark. 1:16-22	+	Hebr. 9:1-7 Luke 10:38-42, 11:27-28						







"Joachim and Anna are her progenitors (parents)"

For the parents of the Virgin Mary, the evangelist Luke writes the following: "They were both righteous before God, walking in all the commandments and ordinances of the Lord, blameless" (Luke 1:6). But the mere fact that they were so blessed, so as to give the Mother to the Son and the Word of God, is enough for us to understand their great value.

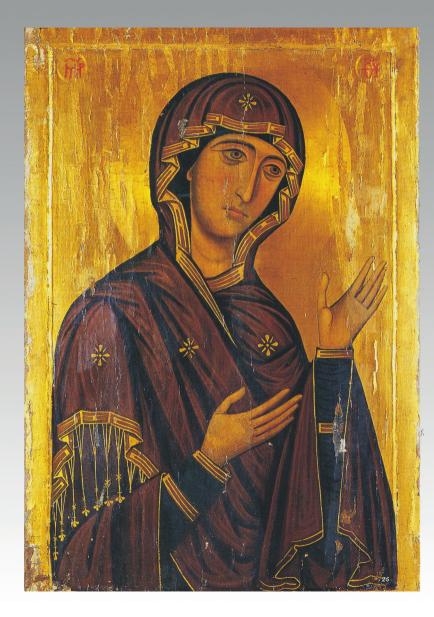
This honorable selection, in particular, proves the following: there were far more righteous and faithful keepers of the Law than both Moses and Noah and Abraham; that they were more beloved to God than all men; that they were both models of prayer and virtue, since the Virgin was not born according to nature, but was given by God as the fruit of their prayer and virtue; that they were more than all others intimate to God.

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	9	September	2022			. Basilios Great	Fast Fish Permitted Dairy Products Permitted
	unday	${\mathcal M}$ onday	Tuesday	${\mathcal W}$ ednesday	Thursday	${\mathcal F}$ riday	S aturday
					1 Church New Year	2	3
					Symeon the Stylitis Hariklia the Martyr	Mamas the Martyr John the Abstainer Patriarch of Const/ple	Anthimos the Hieromartyr Phoebe the Deaconess
					1 Tim. 2:1-7 Luke 4:16-22	2 Cor. 7:10-16 Mark 2:18-22	1 Cor. 1:26-2:5 Matt. 20:29-34
4	12th Sun. of Matthew Tone 3, Matins Gosp. 1	5	6	7	The Nativity of the Theotokos	9	10 Chuseok ; Korean Thanksgivingday
	Moses the Prophet Baby- las Hieromartyr	Zacharias the Prophet, father of St. John the Baptist	Kalodote the Martyr	Sozon the Martyr	Luke 1:39-49, 56	Joachim & Anna the Righteous	Menodora, Metrodora & Nymphodora the Martyrs
	1 Cor. 15:1-11 Matt. 19:16-26	2 Cor. 8:7-15 Mark 3:6-12	Hebr. 2:2-10 Luke 10:16-21	2 Cor. 9:12-10:7 Mark 3:20-27	Philip. 2:5-11 Luke 10:38-42, 11:27-28	Gal. 4:22-27 Mark 4:1-9	1 Cor. 2:6-9 Matt. 10:37-11:1
11	Sunday Before the Elevation of the Holy Cross	12 Apodosis of the Nativity of the Theotokos	13	14 The Elevation of the Holy Cross	15	16	17
	Tone 4, Matins Gosp. 2 Efrosynos the Cook	Substitute holiday Autonomus the Hiero- martyr	Cornelius the Centurion	John 12:28~36	Niketas the Great Martyr	Ephymia the Great Martyr	Sophia, Faith, Hope & Agape the Martyrs
	Gal. 6:11-18 John 3:13-17	2 Cor. 12:10-19 John 11:47-54	Hebr. 3:1-4 Matt. 16:13-19	1 Cor. 1:18-24 John 19:6-11, 13-20, 25-28, 30-35	Gal. 1:1-3, 20-2:5 Mark 5:1-20	2 Cor. 6:1-10 Luke 7:36-50	1 Cor. 1:26-2:5 John 8:21-30
18	Sunday After the Eleva- tion of the Holy Cross Tone 5, Matins Gosp. 3	19	20	Apodosis of the Elevation of the Holy Cross	22	23	24
	Evmenios the Bishop	Trophimos, Savvatios, Dorymedon the Martyrs	Efstathios the Great Martyr	Jonah the Prophet	Phocas the Hieromartyr	Xanthippi & Polyxeni the Monastics	Thekla the Great Martyr Silouan the Athonite
	Gal. 2:16-20 Mark 8:34-9:1	Gal. 2:11-16 Luke 3:19-22	Gal. 2:21-3:7 Luke 3:23-4:1	Gal. 3:15-22 Luke 4:1-15	Gal. 3:23-4:5 Luke 4:16-22	Gal. 4:22-27 Luke 1:5-25	2 Tim. 3:10-15 Luke 4:31-36
25	1st Sunday of Luke Tone 6, Matins Gosp. 4	26	27	28 Chariton the Confessor	29	30	
	Sergei of Radonezh Ephrosyne the Monastic	Falling Asleep of John the Evangelist & Apostle Jn 21:1, 15-25	Kallistratos the Martyr	Baruch the Prophet Heliodoros and the 30 Martyrs in Pisidia	Kyriakos the Anchorite- Monastic Petronia the Martyr	Gregory the Illuminator, Bishop of Armenia	
	2 Cor. 4:6-15 Luke 5:1-11	1 John 4:12-19 John 19:25-27, 21:24-25	Gal. 5:11-21 Luke 5:12-16	Gal. 6:2-10 Luke 5:33-39	Ephes. 1:1-9 Luke 6:12-19	Ephes. 1:7-17 Luke 6:17-23	







"You are my Intercessor".

Orthodox piety attributes to the Virgin Mary the title of the Intercessor. In reality, however, one is the true "Intercessor", the mediator and reconciler between God and men. "There is one God and one Mediator between God and men, the Man God Christ Jesus" (1 Tim. 2:5).

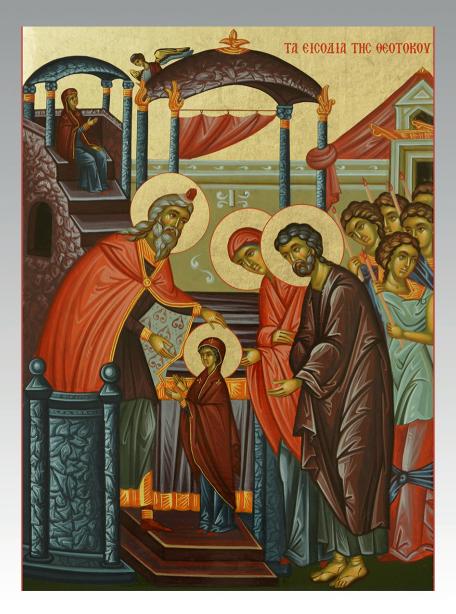
We fully accept that this mediating and redemptive work belongs absolutely to the God-Man Lord Jesus. We attribute the title of Mediator to the Virgin Mary, because She is the mother of the Mediator (cf. "The prayer of a Mother avails much, for the favor of the Master") and always in the sense of an Intercessor. The All Holy Theotokos is a mediator in the sense that She does not stop interceding and supplicating for us. Her continuous intercession is also called mediation, which, of course, is not independent of the mediation of Jesus, but it is part of it and depends on it.

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10	October	2022			t. Basilios Great	Fast Fish Permitted Dairy Products Permitted
S unday	$\mathcal M$ onday	Tuesday	${\mathcal W}$ ednesday	Thursday	${\mathcal F}$ riday	S aturday
						1 Holy Protection of the Theotokos
						Ananias the Apostle
						Acts 9:10-18 Luke 5:17-26
2 2nd Sunday of Luke Tone 7, Matins Gosp. 5	3 24 Saints, Protectors of the Korean Orthodox Church	4	5	6	7	8
Justina the Martyr Ky- prianos the Confessor	National foundation day Dionysios the Areopagite	Hierotheos Bishop of Athens Domnina the Martyr		Thomas the Apostle	Sergios & Vakhos the Great Martyrs	Pelagia the Virgin Martyr
2 Cor. 6:1-10 Luke 6:31-36	Acts 17:16-34 Luke 6:24-30	Ephes. 2:19-3:7 Luke 6:37-45	Ephes. 3:8-21 Luke 6:46-7:1	1 Cor. 14:20-25 John 20:19-31	Ephes. 4:17-25 Luke 7:31-35	1 Cor. 14:20-25 Luke 5:27-32
9 3rd Sunday of Luke Tone 8, Matins Gosp. 6	10	11	12	13	14	15
James of Alphaeus the Apostle Hangul proclamation day	Evlampios, Evlampia the Martyrs	Phillip, of the 70 Apostles	Andronikos, Tarachos the Martyrs	Karpos, Papylus the Martyrs	Ignatios Bishop of Methymna	Loukianos the Presbyter-Martyr Savinos the Bishop
2 Cor. 6:16-7:1 Luke 7:11-16	Ephes. 4:25-32 Luke 7:36-50	Acts 8:26-39 Luke 8:1-3	+ Ephes. 5:25-33 Luke 8:22-25	Ephes. 5:33-6:9 Luke 9:7-11	Ephes. 6:18-24 Luke 9:12-18	1 Cor. 15:39-45 Luke 6:1-10
16 4th Sunday of Luke Tone 1 Matins Gosp. 7	17	18	19	20	21	22
The Holy Fathers of the 7th Ecumenical Council Longinos the Centurion	Hosea the Prophet	Luke the Apostle & Evangelist	Joel the Prophet	Artemios the Great Martyr Gerasimos the Monastic	Hilarion the Monastic Philotheos the Martyr Christodoulos of Patmos	Averkios Bishop of Hierapolis Glykeria the Martyr
Titus 3:8-15 Luke 8:5-15	Philip. 1:1-7 Luke 9:18-22	Col. 4:5-11, 14-18 Luke 10:16-21	Acts 2:14-21 Luke 9:44-50	Philip. 1:12-20 Luke 9:49-56	Philip. 1:27-2:4 Luke 10:1-15	1 Cor. 15:58-16:3 Luke 7:1-10
23 6th Sunday of Luke Tone 2, Matins Gosp. 8	24	25	26	27	28	29
James the Apostle, Brother of the Lord	Arethas the Great Martyr Sevastiani the Martyr	Tabitha the Merciful Markianos the Martyr	Demetrios the Great Martyr	Nestor the Great Martyr	Terentios, Neonilla, Evniki the Martyr	Anastasia the Roman Righteous-Martyr
Gal. 1:11-19 Luke 8:27-39	Philip. 2:12-16 Luke 10:22-24	Philip. 2:16-23 Luke 11:1-10	2 Tim. 2:1-10 John 15:17-16:2	Philip. 3:1-8 Luke 11:14-23	Hebr. 9:1-7 Luke 10:38-42, 11:27-28	2 Cor. 1:8-11 Luke 8:16-21







"The Entrance of the All Holy Theotokos to the Temple"

In the representation of the Entrance of the Theotokos, She is depicted at the age of about 3 years and being led to the Temple by her parents, accompanied by "virgins of the Jews" carrying lighted torches. The young Virgin is welcomed by the High Priest Zachariah standing in front of the Altar.

The presence of the other "virgins" in the temple is an indication that the custom of making a vow to God had a more general application in the Jewish religious community. It cannot be ruled out that these virgins were a (formal or informal) body that took care of the decency and cleanliness of the temple, the weaving and preparation of priestly uniforms, sacred covers and curtains, for the orderly presence of women in worship, etc. If this is the case, then the Virgin Mary from the day of her Entrance into the Temple clung to this body of "virgins" to fulfill the vow of her parents and at the same time to serve in the temple of God.

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	11	November	2022			Basilios Great F	ast ish Permitted airy Products Permitted
S	unday	$\mathcal M$ onday	Tuesday	W ednesday	Thursday	${\mathcal F}$ riday	${\cal S}$ aturday
30 OCT	5th Sunday of Luke Tone 3, Matins Gosp. 9	31 OCT Stachys, Apelles of the	Cosmas. Damian the	Akindynos the Martyr &	3 Akepsimas, Joseph,	4	Galaction, Epistemi the
	Cleopas of the 70 Apostles	70 Apostles	Unmercenaries & their Mother Theodoti	Companions (1) Companions	Acthalas Hieromartyrs	Joannicius the Righteous	Martyrs
	2 Cor. 11:31-12:9 Luke 16:19-31	Philip. 4:10-23 Luke 11:29-33	1 Cor. 12:27-13:8 Luke 11:34-41	Col. 1:18-23 Luke 12:42-46	Col. 1:24-2:1 Lk. 11:47-12:1	Col. 2:1-7 Luke 12:2-12	2 Cor. 3:12-18 Luke 9:1-6
6	7th Sunday of Luke Tone 4, Matins Gosp. 10	7	8	9	10	11	12
	Paul Patriarch of Constantinople Luke the Righteous	33 Martyrs of Melitene	Synaxis of the Archangel Michael, Gabriel & the other Bodiless Powers	Nektarios Bishop of Pentapolis Theoktisti of Lesvos	Olympas, Sosipatros, Tertios of the 70 Apostles	Victor the Martyr Menas the Great Martyr	John the Merciful, Pat- riarch of Alexandria Nilos the Ascetic
	Gal. 2:16-20 Luke 8:41-56	Col. 2:13-20 Luke 12:13-15, 22-31	Hebr. 2:2-10 Luke 10:16-21	Col. 3:17-4:1 Luke 12:48-59	Col. 4:2-9 Luke 13:1-9	Col. 4:10-18 Luke 13:31-35	2 Cor. 5:1-10 Luke 9:37-43
13	8th Sunday of Luke Tone 5, Matins Gosp. 11	14	15 Beginning of Christmas Lent	16	17	18	19
	John Chrysostom Archbishop of Constantinople	Phillip the Apostle Gregory Palamas Archbp. of Thessaloniki	Samonas the Martyr	Matthew the Apostle & Evangelist	Gregory Bishop of Neocaesaria	Plato the Great Martyr	Obadiah the Prophet Barlaam the Martyr Heliodoros the Martyr
	Hebr. 7:26-8:2 Luke 10:25-37	1 Cor. 4:9-16 Luke 1:44-52	1 Thes. 1:6-10 Luke 14:25-35	Rom. 10:11-11:2 Matt. 9:9-13	1 Thes. 2:9-14 Luke 16:1-9	1 Thes. 2:14-20 Luke 16:15-18, 17:1-4	2 Cor. 8:1-5 Luke 9:57-62
20	9th Sunday of Luke Tone 6, Matins Gosp. 1	The Presentation of the Theotokos into the Temple	22	23	24	Apodosis of the Presentation of the Theotokos Matt. 25:1~13	26 Stylianos
	Proclus Patriarch of Constantinople	Lk. 1:39-49, 56	Philemon the Apostle Kikilia the Martyr	Amphilochios Bishop of Iconium	Clement Bishop of Rome	Catherine the Grt. Martyr Merkourios the Grt. Martyr	the Monastic of Paphlagonia Alypios the Stylite
	Ephes. 2:4-10 Luke 12:16-21	Hebr. 9:1-7 Luke 10:38-42, 11:27-28	Philem. 1-25 Luke 17:26-37, 18:8	1 Thes. 4:1-12 Luke 18:15-17, 26-30	Philip. 3:20-4:3 Luke 18:31-34	Gal. 3:23-4:5 Mark 5:24-34	2 Cor. 11:1-6 Luke 10:19-21
27	13th Sunday of Luke Tone 7, Matins Gosp. 2	28	29	30			
	lakovos the Great Martyr of Persia	Stephen the Confessor	Paramonos & his 370 Companion Martyrs	Andrew the First-Called Apostle			
	Ephes. 2:14-22 Luke 18:18-27	2 Thes. 1:1-10 Luke 19:37-44	2 Thes. 1:10-2:2 Luke 19:45-48	1 Cor. 4:9-16 John 1:35-52			







"She brought forth her firstborn Son" (Luke 2: 7)

The Birth of Jesus must have been an unforgettable experience for the Most Holy Theotokos. Just like the conception and the nine-month pregnancy, the "supernatural" birth of Jesus must have created unique impressions on the Virgin Mother. The fact of the birth of Jesus alone was enough to fill her life with inexhaustible content. It was the event of her life, that always stayed alive in her memory, in her consciousness.

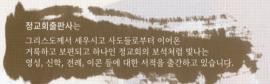
The birth of Jesus must have definitively and permanently sealed the life and existence of the Theotokos. No other event could fit inside her anymore. The birth of the God-Man covered her whole being; or rather it was identified with her being. Moreover, her perpetual virginity was precisely this identification of her being with the fact of the birth of Jesus. Her life, after the Incarnation, was a continuous re-realization of this birth, her re-consecration in the Born Son, a revival of the mystery of the Incarnation. That is why the established Icon of the Virgin Mary holding the Infant Jesus is also the image of the Incarnation of God. Thus, the Incarnation of Christ has been since identified with the Theotokos in one Icon.

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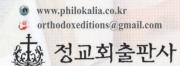
12	December '	2022			. Basilios Great	Fast Fish Permitted Dairy Products Permitted
${\mathcal S}$ unday	$\mathcal M$ onday	T uesday	${\mathcal W}$ ednesday	Thursday	${\mathcal F}$ riday	S aturday
				Nahum the Prophet Philaret the Merciful Ananias the Martyr 2 Thes. 2:13-3:5	Habakkuk the Prophet Myrope the Martyr Porphyrios of Kavsokaly- via 2 Thes. 3:6-18	Zephaniah the Prophet Agapios the Martyr Gal. 1:3-10 Luke 12:32-40
4 10th Sunday of Luke Tone 8, Matins Gosp. 3	5	6	7	Luke 20:9-18	Luke 20:19-26	10
Barbara the Great Martyr John the Damascene	Sabbas the Sanctified	Nicholas Archbishop of Myra	Ambrose Bishop of Milan	Patapios the Monastic	Maternity of Anna,Mother of the Mother of God Prophetess Anna	Menas, Hermogenes, Evgraphos the Martyrs
Gal. 3:23-4:5 Luke 13:10-17	Gal. 5:22-6:2 Matt. 11:27-30	Hebr. 13:17-21 Luke 6:17-23	1 Tim. 1:18-20, 2:8-15 Luke 21:5-8, 10-11, 20-24	1 Tim. 3:1-13 Luke 21:28-33	Gal. 4:22-27 Luke 8:16-21	Gal. 3:8-12 Luke 13:19-29
11 11th Sunday of Luke Tone 1, Matins Gosp. 4	12	13	14	15	16	17
Daniel the Stylite Luke the New Ascetic	Spyridon Bishop of Trimythous	Lucia the Virgin Martyr Efstratios & the 5 Martyrs	Philemon, Apollonios, Thyrsos the Martyrs & Companions	Eleftherios the Hiero- martyr & his Mother Anthia	Haggai the Prophet Modestos of Jerusalem	Daniel the Prophet Dionysios, Archbishop of Aegina
Col. 3:4-11 Luke 14:16-24, Matt. 22:14	Ephes. 5:8-19 John 10:9-16	1 Tim. 5:11-21 Mark 8:22-26	1 Tim. 5:22-6:11 Mark 8:30-34	2 Tim. 1:8-18 Mark 2:23-3:5	2 Tim. 1:1-2, 8-18 Mark 9:33-41	Hebr. 11:33-12:2 Luke 14:1-11
18 Sunday Before the Nativity of Christ Tone 2, Matins Gosp. 5	19	20	21	22	23 The 'Great Hours'	24 Eve of the Nativity of Our Lord & Saviour Jesus Christ
Sebastian, Zoe the Martyrs & Companions	Vonifatios, Aris, Aglaia the Martyrs	Ignatios the Godbearer	Juliana the Martyr & her 500 Companions	Anastasia the Great Martyr	The Ten martyrs in Crete	the Monastic-Marty
Hebr.11:9-10, 32-40 Matt. 1:1-25	2 Tim. 2:20-26 Mark 9:42-10:1	2 Tim. 3:16-4:4 Mark 10:2-12	2 Tim. 4:9-22 Mark 10:11-16	Titus.1:5-14 Mark 10:17-27	+	Gal. 3:8-12 Luke 13:19-29
25 The Nativity of Our Lord & Saviour Jesus Christ	26 Synaxis of The Holy Theotokos	27	28	29	30	Apodosis of the Nativity of Our Lord & Saviour Jesus Christ
Matt. 1:18~25	Efthymios the Bishop & Confessor	Stephen the Archdeacon & Protomartyr Theodoros the Ascetic	20,000 Martyrs burned at Nikomedia Domna the Martyr	Infants slained at Bethle- hem by Herod Marcellos the Martyr	Anysia the Monastic & Martyr	Melanie the Monastic
Gal. 4:4-7 Matt. 2:1-12	Gal. 1:11-19 Matt. 2:13-23	Acts 6:8-7:5, 47-60 Matt. 21:33-42	Hebr. 5:11-6:8 Mark 11:22-26	Hebr. 7:1-6 Matt. 2:13-23	Hebr. 7:18-25 Mark 12:1-12	1 Tim. 3:13-4:5 Matt. 3:1-6

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서울시 마포구 마포대로18길 43

6 02 364 7020 **2** 02 6354 0092







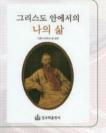


























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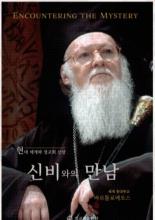
































































성 니콜라스 대성당

서울시 마포구 마포대로18길 43

6 02 362 7005 **8** 02 392 7322 임종훈 안토니오스 신부 박인곤 요한 보제 페리 하말리스 보제

fonghunee@naver.com



성 막심 소성당

서울시 마포구 마포대로18길 43

6 02 362 7007 **2** 02 392 7322

www.pravkorea.com





(

성바울로성당

인천시 남동구 석산로111번길 62

6 032 426 9553 **3** 032 265 2759 다니엘 나창규 대신부

fatherna@hanmail.net

www.orthodoxincheon.or.kr



울산시 동구 문재7길 38

6 052 233 1092 **3** 052 234 2092

christophermmoore@gmail.com



성보리스성당

강원도 춘천시 신숭겸로 52-3

6 033 244 4581

조경진 예레미아 신부

jeremy60@naver.com



크리스토퍼 무어 신부



성 안드레아 성당 강원도 양구군 바랑길 189-12

6 033 481 5740



정교회 한국 대교구청

서울시 마포구 마포대로18길 43

6 02 362 6371 **6** 02 365 2698

orthodoxkorea@gmail.com

www.orthodoxkorea.org





평양 성삼위 성당

평양시 낙랑구역 정백동



성모 마리아 소성당

서울 성 니콜라스 대성당 소재



성모희보성당

부산시 중구 중구로97번길 7

6 051 462 3819 **3** 051 466 3746 한의종 알렉산드로스 신부

www.orthodoxbusan.or.kr



성모 안식 성당

전라북도 전주시 천잠로 13(2층)

6 063 222 1095

정종혁 일라리온 신부

theotokosji@naver.com

cafe.naver.com/theotokosjj



성 안나 학교 성당

전라북도 완주군 신전길 120

6 070 7500 3051 **6** 063 222 2231 황경수 스테파노스 신부

step8688@naver.com



구세주 변모 수도위

경기도 가평 녹수계곡로 157-227

6 031 584 2082 **3** 031 585 2278 **6** 02 362 6371

우종현 안토니오스 대신부



구세주 부활 성당

경기도 파주시 양지말길 25

Blog: orthodoxmonasterykorea.org





정교회 한국대교구

서울특별시 마포구 마포대로 18길 43 전화) 02 362 6371 팩스) 02 365 2698 www.orthodoxkorea.org